

MANILLA

CYCLING

Est. 2013

Code of Conduct for Members

As a member of the club, you are expected to abide by the following code.

I will:

- arrive for training and competition in good time to prepare properly.
- wear suitable kit (including a helmet) and clothing for all cycling activity sessions, as agreed with the coach.
- warm up and cool down properly on all occasions.
- play within the rules and respect officials and all their decisions.
- be a good sport by applauding all good performances, whether they are made by my club or the opposition.
- control my temper - verbal abuse of officials and other riders, or deliberately distracting/provoking an opponent is not acceptable or permitted behavior in any sport.
- work equally hard for myself and my club - remember, the club's performance will benefit, and so will I.
- respect the rights, dignity and worth of all participants regardless of their gender, ability, disability, cultural background or religion.
- pay any fees promptly.
- treat all participants in cycling as I would like to be treated - not bullying or taking unfair advantage of another participant.
- cooperate with my coach, club mates and opponents - remember, without them there would be no competition.
- thank officials and opponents after competition.